



# One Hospitality Employee Assistance Program

Our EAP provides **3 free face-to-face or telehealth counseling sessions per household unit, per issue, per year with local, licensed therapists.**

The EAP can be used for confidential assistance with problems involving:

- Marriage and Family
- Stress
- Grief
- Adolescent Behavior
- Depression
- Legal & Financial
- Substance Abuse
- Job-related issues
- Emotional Difficulties

## Our EAP also offers...

- **Toll-Free Crisis Line:** nationwide 800 number staffed by licensed therapists available to help you in a crisis.
- **Free Legal Consultation:** 30-minute phone consultation with a licensed attorney for each legal matter you have. If attorney is retained after the initial consultation, you receive a 25% discount for legal or mediation services.
- **Free Financial Consultation:** 60-minute phone consult with a financial management expert for each financial matter.
- **Legal/Financial Resources:** legal and financial services website with helpful information on thousands of legal issue, 45+ financial calculators, access to state specific legal forms.
- **Community Referrals:** community referrals for child care, elder care, support groups, chemical dependency groups and more.
- **Weekly Webinars:** on topical trends to related to nutrition, wellness, stress management, reaching your goals and much more
- **Free Kits:** wills, end-of-life and retirement kits, as well as an estate planning checklist.
- **Medication Discounts:** free ScriptSave prescription drug discount card good at pharmacies nationwide.
- **Gym Discounts:** access to best-in-class gym membership pricing and wellness resources.
- **TicketsAtWork** – access to discounts on home goods, streaming services, hotels, theatre, sports, movies, amusement parks and more.
- **HolmanGroup.com:** access to our website with topical weekly webinars, mental health resources and extra benefits.
- Hospitalizations – No Benefit.
- Charges for late cancel/no show on appointments – employee will forfeit one session for any free session not kept except in the case where the contracted provider is notified at least twenty-four (24) hours in advance of the appointment that it will not be kept.
- For additional Mental Health/Chemical dependency coverage – consult your medical insurance.
- Out-of-Network Benefits – No Benefit (Employees are responsible for any services provided by an out-of-network provider or facility).
- **EXTRA BENEFIT:** Identity Theft Program – 60-minute consultation with a Fraud Resolution Specialist to mitigate damage after an identity theft incident or data breach.

[www.Holmangroup.com](http://www.Holmangroup.com)

User Name: **OneH** (case sensitive)

Password: **OneH6122** (case sensitive)

Full time and part time employees can use EAP services starting on their date of hire. All plan benefits extend to dependents, including employee's lawful spouse and dependent children up to age 26. All household members are covered, regardless of age or dependent status. All counseling issues must be preauthorized and are initiated by calling The Holman Group. *Benefit renews annually June 1<sup>st</sup>*



**The Holman Group**  
Managed Behavioral Health Care Services

TO ARRANGE A CONFIDENTIAL APPOINTMENT CALL:

**800-321-2843** or visit [HolmanGroup.com](http://HolmanGroup.com)

An EAP counselor is available 24 hours a day, 7 days a week for emergency and urgent assistance. To schedule an appointment, receive a community referral, or for inquiries our office is open Monday to Friday, 7:30 am to 5:00 pm PST.